INTERNATIONAL PEER SUPPORT GROUP (MANDARIN)
中文朋辈支持团体

Confidential, safe, supportive space
Promote self-awareness and understanding of others
Examine relationships and cultural contexts
Discuss relevant topics to adjustment and transition
Engage in self-exploratory activities
Seek and receive support from each other
Develop effective coping skills

Every Friday from 3pm-4pm at CAPS
Pre-group meeting with Ms. Zhu and Dr. He is required; space is limited.

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