

	First- and Second-Year Students (& Third Year Students in Some Programs)	Students in the Beginning Stages of the Dissertation	Students in the Final Stages of their Dissertation
Your Department	<p>ACADEMIC CAREER: <i>Exploration/Networking:</i></p> <ul style="list-style-type: none"> Attend department orientations, training sessions. Attend school/departmental training for TA's and gain experience as a teaching assistant. Get faculty to know your teaching by having them attend your class and discussing your practices. This is valuable for strong recommendation letters. Seek experience overseeing undergraduate research. <p>OTHER CAREER OPTIONS: <i>Exploration/Networking:</i></p> <ul style="list-style-type: none"> If you are doing research that has industry applications, begin to build industry contacts. Gain experience presenting your work to people in industry. Attend career presentations. <p><i>Mentoring:</i></p> <ul style="list-style-type: none"> Plan your course of study with your advisor. 	<p>ACADEMIC CAREER: <i>Exploration:</i></p> <ul style="list-style-type: none"> Begin attending conferences in your field (GAPSA provides travel funds). Participate in the hiring process for any new candidates for faculty positions in your department. Attend their job talks. <p><i>Mentoring:</i></p> <ul style="list-style-type: none"> Discuss your career plans with your advisor. Scientists should begin researching postdoctoral options. Once accepted by a lab, consider funding resources (apply 6-10 months in advance). <p><i>Writing:</i></p> <ul style="list-style-type: none"> Develop your publications. <p>OTHER CAREER OPTIONS: <i>Networking:</i></p> <ul style="list-style-type: none"> Locate former students in your program who have left the academy and talk to them. Talk to faculty with contacts outside of academia. 	<p>ACADEMIC CAREER: <i>Mentoring:</i></p> <ul style="list-style-type: none"> Seek faculty advice and support (letters of recommendations). If teaching your own course, get faculty feedback. <p><i>Interviews:</i></p> <ul style="list-style-type: none"> Actively pursue first interviews for faculty positions. Apply for postdocs. Arrange to practice your job talk for faculty members and graduate students. Participate in your discipline's annual conference. <p>OTHER CAREER OPTIONS: <i>Exploration/ Networking:</i></p> <ul style="list-style-type: none"> Attend industry seminars sponsored by your department. <p><i>Interviews:</i></p> <ul style="list-style-type: none"> Participate in any department recruiting activities (with industry employers).
Career Services Career Services is located on the ground floor of the McNeil Building at 3718 Locust Walk	<p>ACADEMIC CAREER: <i>Exploration:</i></p> <ul style="list-style-type: none"> Attend Career Services' program <i>Insider's Guide to Graduate Education at Penn</i>. Read "Navigating the Course of Your PhD." here: www.vpul.upenn.edu/careerservices/navigatingPhD.php Begin developing your CV. Learn about Career Services resources, programs and services and meet with a career advisor. Sign-up for a CS email distribution list. <p>OTHER CAREER OPTIONS: <i>Exploration:</i></p> <ul style="list-style-type: none"> Attend panels on career opportunities. Utilize CS library and read about career options. Use self- assessment tools on website. Seek internships. 	<p>ACADEMIC CAREER:</p> <ul style="list-style-type: none"> Purchase <i>The Academic Job Search Handbook</i> (\$10 for Penn PhD students). Attend workshops and panels on the applying for jobs and postdocs. <p>OTHER CAREER OPTIONS: <i>Exploration:</i></p> <ul style="list-style-type: none"> Meet with a career advisor to discuss your plans. Attend "Leveraging your PhD" and other "expanded" careers programs. Review the CS website to learn about career fields: www.vpul.upenn.edu/careerfields/ Access the Versatile PhD through the CS website <p><i>Networking:</i></p> <ul style="list-style-type: none"> Use QuakerNet (Penn's alumni career network) and LinkedIn to find alumni to talk to while researching career fields. Attend info sessions and presentations by employers. 	<p>ACADEMIC CAREER:</p> <ul style="list-style-type: none"> Attend <i>Academic Career Conference and Faculty Conversations</i> program sessions. Make an appointment with a career advisor to look over your job search materials. Arrange a mock interview to polish your interview skills. <p>OTHER CAREER OPTIONS:</p> <ul style="list-style-type: none"> Work with a career advisor to identify potential employers and sources of job listings in your fields of interest. Have resume(s) and cover letters critiqued. Use PennLink to apply for on-campus interviews. Attend workshops on interviewing and networking. Arrange a mock interview to polish your interview skills. Talk with employers at career fairs.
On Your Own	<ul style="list-style-type: none"> Read <i>the Chronicle of Higher Education</i>, including Vitae, and <i>Inside Higher Education</i> regularly. Scientists and engineers should start becoming familiar with the website sciencecareers.org. Struggling with the demands of graduate school, motivation issues, working under your potential, relationship/family demands and other stresses, see someone at CAPS. Read the Carpe Careers blog on Inside Higher Ed 	<ul style="list-style-type: none"> Learn about social media. Create a LinkedIn profile, or one at academia.edu to cultivate a professional digital presence. Join your scholarly association. Open an Interfolio file or Vitae account and request recommendations from professors. Look at sciencecareers.org's myIDP. Struggling with motivation and other stresses, see someone at CAPS. 	<ul style="list-style-type: none"> Update your LinkedIn profile. Request updated recommendations. Struggling with motivation, feeling stuck, faced with relationship/family demands, transitioning from being a student to the "real" world and other stresses see someone at CAPS. Read the Carpe Careers blog on Inside Higher Ed

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Counseling and Psychological Services	<p><u>ACADEMIC CAREERS:</u></p> <ul style="list-style-type: none"> Join a support group, such as the Graduate Women's Group. <p><u>OTHER CAREER OPTIONS:</u></p> <ul style="list-style-type: none"> Attend CAPS career workshops. 	<p><u>ACADEMIC CAREERS:</u></p> <ul style="list-style-type: none"> Join a dissertation support group. Attend Career Development Workshops. <p><u>OTHER CAREER OPTIONS:</u></p> <ul style="list-style-type: none"> Attend CAPS career workshops. 	<p><u>ACADEMIC CAREERS:</u></p> <ul style="list-style-type: none"> Join a dissertation support group. Attend Career Development Workshops. <p><u>OTHER CAREER OPTIONS:</u></p> <ul style="list-style-type: none"> Attend CAPS career workshops.
Graduate Student Center	<ul style="list-style-type: none"> Access the Grad Center's Navigating the Classroom, Dissertation and Grant programs and resources. www.gsc.upenn.edu/activities/ Connect with the Grad Center: weekly email, Facebook, and Twitter. <p><i>Exploration/Networking:</i></p> <ul style="list-style-type: none"> Attend talks and connect with peers from other departments. <p><i>International Students:</i></p> <ul style="list-style-type: none"> Improve your English at language chats. 	<ul style="list-style-type: none"> Access the Grad Center's Navigating the Classroom, Dissertation and Grant programs and resources. www.gsc.upenn.edu/activities/ Take advantage of two matching services: Dissertation Groups and Peer2Peer Grant Advice. Connect with the Grad Center: weekly email, Facebook, and Twitter. <p><i>International Students:</i></p> <ul style="list-style-type: none"> Improve your English at language chats. 	<ul style="list-style-type: none"> Attend Grad Center's Dissertation Boot Camp. <p><i>International Students:</i></p> <ul style="list-style-type: none"> Improve your English at language chats. Connect with the Grad Center: weekly email, Facebook, and Twitter.
Student Governance such as SASGOV and GAPSA	<ul style="list-style-type: none"> Connect with peers from many departments. Learn about the organization of the University. Sign up for the GAPSA listserv to get updates on University policies. Serve on a University Committee via GAPSA. 	<ul style="list-style-type: none"> Get a GAPSA travel grant to support your research, or for funding your student organization. Gain valuable skills organizing meetings and conferences, serving on committees and overseeing budgets. 	
Student Career Groups	Join student groups such as PBG Healthcare Consulting Group, Penn Graduate Consulting Club.	<ul style="list-style-type: none"> Attend meetings and do projects. Hold office and develop leadership skills. 	Take opportunities to practice interviewing, case interviews, presenting information.
Library/Weigle Information Commons	<ul style="list-style-type: none"> Attend an orientation during your first semester. Learn about workshops offered by the libraries. Take advantage of Lynda.com resources to build your technical skills 	<ul style="list-style-type: none"> Make an appointment with a reference librarian to discuss your research needs. Attend a WIC workshop to improve technical skills and gain familiarity with various media and software 	<u>OTHER CAREER OPTIONS:</u>
Center for Teaching and Learning	<ul style="list-style-type: none"> Attend teaching workshops. Arrange to have a class observed. Develop teaching skills and ability to talk about teaching. www.ctl.sas.upenn.edu Begin to develop your teaching portfolio. 	<p><i>Teaching/Interviews:</i></p> <ul style="list-style-type: none"> Have your teaching videotaped and critiqued. Polish your presentation skills. Consider pursuing the CTL Teaching Certificate 	<ul style="list-style-type: none"> Consider pursuing the CTL Teaching Certificate: www.upenn.edu/ctl/programs_services/graduate_student_programs/ctl_teaching_certificate Get feedback on your Teaching Philosophy.
Weingarten Learning Resources Center	<p><i>Make an appointment (215-573-9235) to:</i></p> <ul style="list-style-type: none"> Develop a time management system that will balance your academic, professional and social commitments. Reflect on your learning style and study methods to develop additional reading/writing/study strategies Extend preparation strategies for exams. <i>International Students:</i> Attend the <i>Academics Plus</i> workshops to develop academic reading, writing, discussion, and listening skills. 	<p><i>Make an appointment (215-573-9235) to:</i></p> <ul style="list-style-type: none"> Explore methods of managing the proposal and dissertation processes. Extend strategies for navigating the challenges of graduate reading and analysis. Take advantage of services and workshops to improve your writing. 	<p><i>Make an appointment (215-573-9235) to:</i></p> <ul style="list-style-type: none"> Develop a timeline and writing plan to meet final dissertation deadlines. Discuss presentation of the dissertation at the final hearing.
Marks Family Writing Center	Make an appointment with a senior tutor to get guidance and feedback on any stage of your writing. See: writing.upenn.edu/critical/wc	Make an appointment with a senior tutor to get guidance and feedback on any stage of your writing. See: /writing.upenn.edu/critical/wc	Make an appointment with a senior tutor to get guidance and feedback on any stage of your writing. See: writing.upenn.edu/critical/wc
International Student and Scholar Services, PennGlobal	<p><i>F-1 and J-1 International Students:</i></p> <ul style="list-style-type: none"> Attend orientations to meet other students. Check global.upenn.edu/iss regularly. Consult ISSS advisors about visa issues if you want to work in US prior to beginning your dissertation 	<p><i>F-1 and J-1 International Students:</i></p> <ul style="list-style-type: none"> Attend orientations to meet other students. Check global.upenn.edu/iss regularly for important updates and events. If you'd like to work in the U.S., consult an ISSS advisor to discuss your visa options. 	<p><i>F-1 and J-1 International Students:</i></p> <p>If you'd like to work in the U.S. after graduation, review relevant information on the ISSS website and consult an ISSS advisor to discuss your options.</p>