|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** | **SUNDAY** |
| 7 a.m. –  8 a.m. |  |  |  |  |  |  |  |
| 8 a.m. –  9 a.m. |  |  |  |  |  |  |  |
| 9 a.m. –  10 a.m. |  |  |  |  |  |  |  |
| 10 a.m. –  11 a.m. |  |  |  |  |  |  |  |
| 11 a.m. –  12 noon |  |  |  |  |  |  |  |
| 12 noon –  1 p.m. |  |  |  |  |  |  |  |
| 1 p.m. –  2 p.m. |  |  |  |  |  |  |  |
| 2 p.m. –  3 p.m. |  |  |  |  |  |  |  |
| 3 p.m. –  4 p.m. |  |  |  |  |  |  |  |
| 4 p.m. –  5 p.m. |  |  |  |  |  |  |  |
| 5 p.m. –  6 p.m. |  |  |  |  |  |  |  |
| 6 p.m. –  7 p.m. |  |  |  |  |  |  |  |
| 7 p.m. –  8 p.m. |  |  |  |  |  |  |  |
| 8 p.m. –  9 p.m. |  |  |  |  |  |  |  |
| 9 p.m. –  10 p.m. |  |  |  |  |  |  |  |
| 10 p.m. –  11 p.m. |  |  |  |  |  |  |  |
| 11 p.m. –  12 midnight |  |  |  |  |  |  |  |
| 12 midnight –  1 a.m. |  |  |  |  |  |  |  |